

IMMAA International Youth Team selection 2023

The IMMAA International Youth team coaching, and selection is a completely voluntary and an unpaid role. The coaching team is Danni McCormack, Alan McCormack and Kieran Davern. The selection team is Danni McCormack, Alan McCormack, Sergey Pikulskiy and Kieran Davern. The use of facilities for the team training is also voluntary and given at by the goodwill of the gym owner.

The IMMAA International Youth coaching team will complete the following

1. Provide one youth coaching session per month all year round, the location of these monthly sessions may change, and this will be decided by the coaching team
2. The coaching team propose to grade youths at 1-2 selected sessions, the dates of these will be given 12 weeks in advance
3. The coaching team will use these sessions to encourage MMA in all 11-17 year olds to bring on the next generation, they will also use these sessions to get to know Athletes and make a shortlist of Athletes that will be invited to the Irish Youth team selection day
4. The Coaching staff propose that the Youth National Championships runs with the Junior and Senior National Championships, this in turn will further bring awareness to the Youths and their abilities and encourage more 11-17yr olds to get involved and be a part of this prestigious event
5. The dates for the National Championships will be provisionally set 6 months in advance by IMMAA
6. The National Championships can be entered by any Youth with the required grade, they must enter the age category they will be on the 1st August of that year.
7. Provide an invitation only International team selection day, 4 weeks after the National Championships
8. To provide 8 weeks of consecutive Team Ireland sessions, one day of the weekend for a 2hr session. The location will be focused in SBG HQ unless the coaching team decide a change of location for a session to fit their schedule. There will be a two week break before the Championship to ensure adequate recovery before the Championship.
9. Provide Videos of all techniques covered in the Team Ireland session to coaches and Youths

Criteria for team selection

1. Be from an affiliated IMMAA club
2. Have an up-to-date individual membership
3. Be SafeMMA Green lit (medicals up to date)
4. Have registered and paid for and competed at the National Championships (if there is no one in their division, they will be expected to register anyway and will be refunded) unless exceptional circumstances prevailed, such as injury or illness which must be confirmed with a medical report

5. Have achieved the level of grading required to compete in the World Championships and therefore must have attended the grading in the selected squad sessions
6. Have agreed to attending and paying the 10 euro per session fee for all of 8 team Ireland squad sessions on the lead up to the world Championships unless exceptional circumstances such as injury, illness or attendance at an international competition, which will be decided on a case-by-case basis by the coaching team
7. Have agreed to pay for the expected fees involved in competing at the World Championships including travel, accommodation, tracksuit, medical, registration
8. Have agreed to all codes of conduct set out by IMMAA to represent team Ireland
9. To be weighing in on weight or no more than 2kg over the planned weight class to compete in on team selection day

Format of selection

In 2023 the IMMAA International Youth team will be finalised on team selection day, 4 weeks after the National Championships. To be invited to this selection all Youths must have completed steps 1-8 of the above criteria. On selection day they will also have to complete step 9 to be eligible for selection of a specific weight category. If they do not make the required weight on the day, they will have an opportunity to try out for the next weight class up. The coaching team may invite an Athlete to the selection day if shortlisted during the year-round squad sessions, but exceptional circumstances prevented them completing steps 1-8 above, they must however still complete step 9 on the day of selection and work with the coaching team to complete the other steps asap. All Gold and Silver medallists from the National Championships will be invited to the selection day once they have completed steps 1-8 or unless exceptional circumstances prevailed one or more of the steps. The bronze medallist/medallists may also be invited if the coaching team wish to assess them. All Athletes invited will be asked to spar in their proposed weight divisions on the day for assessment. If there is conflict of interest i.e. a team Ireland coach is also the regular coach of a particular athlete then the assessment process will be done by a neutral team Ireland coach. No regular coaches are allowed to attend selection day.

The team Ireland coaching team will have the final say around the team selection. The athletes will be informed promptly of the decision and a reserve will be offered to the third seeded Athlete; this athlete will be allowed to attend Team Ireland squad sessions.